**SYMPOSIUM SCHEDULE**

**THURSDAY JUNE 2:**

2:30 pm (14:30): Depart Lisbon airport for Borba (two rented vans)

* PLEASE BE AT THE RENTAL CAR CENTER (JUST OUTSIDE THE TERMINAL) BY 2:00 (14:00) (ENRIQUE WILL BE THE LAST TO ARRIVE AT 1:50/13.50)

6:30 pm (18:30): Reception sponsored by Borba Municipality with local authorities)

8:00 pm (20:00): Dinner (at a local restaurant)

**FRIDAY JUNE 3:**

8:00 – 9:00 am: Breakfast (all breakfasts and lunches will be held at Quinta do General—also known as “the Villa”)

9:10 – 9:30 am: Welcome and Introductions (all working sessions will be held at the Borba Municipality Main Hall, 5-minute walk from the Quinta)

9:30 – 10:45 am: George Mason University’s Well-Being University Initiative: An Institution-Wide Approach

Nance Lucas, Executive Director, Center for the Advancement of Well-Being, George Mason University, USA

11:00 – 12:00 pm: Making Well-Being a Priority in Student Affairs.

Pam Patterson, Associate Vice President of University Life

12:00 – 1:00 pm (13:00): Lunch

1:00 – 2:00 pm (13:00 – 14:00): Steering the Course and Meeting Challenges

Alice Trindade, Vice Dean, School of Social and Political Sciences, Lisbon University, Portugal.

2:00 – 3:00 pm (14:00 - 15:00): The Masters in Applied Positive Psychology (MAPP) Program at Lisbon University: From Scientific Knowledge to the Cultivation of Relational Goods

Luis Miguel Neto and Helena Águeda Marujo, ISCSP, Lisbon University, Portugal

3:00 – 4:00 pm (15:00 - 16:00): The Creation and Goals of the Institute of Well-Being and Happiness.

Enrique Tames, Tecmilenio University, Mexico

4:00 – 5:00 pm (16: 00 - 17:00): Well-Being Initiatives for Staff and Students in an Integrative Positive Psychology and Health Psychology Framework

Marta Csabai, University of Szeged, Hungary

5:00 – 6:00 pm (17:00 – 18:00): Roundtable discussion of the day’s presentations

6:00 – 7:30 pm (18:00 – 19:30): Wine tasting at local wine cellar

8:00 pm (20:00): Dinner at a local restaurant

**SATURDAY JUNE 4:**

8:00 – 8:50 am: Breakfast

9:00 – 10:00 am: Building Resilience into Higher Education: Wise Interventions and Creative Measurement.

Fallon Goodman, Doctoral Fellow in Well-Being, Center for the Advancement of Well-Being, George Mason University, USA

10:00 – 11.00am: The Art and Science of Befriending Pain

Todd Kashdan, Senior Scientist, Center for the Advancement of Well-Being,

George Mason University, USA

11:00 – 12:00 am: Coordinating Research on Positive Universities.

Aaron Jarden, Auckland University of Technology, New Zealand

12:10 – 1:00 pm: Lunch

1:10 – 2:00 pm (13:10 – 14:00): Being a Dean and Being a Positive Psychologist: Mutually Exclusive or Highly Compatible Roles?

Irma Eloff, University of Pretoria, South Africa

2:00 – 3:00 pm (14:00 – 15:00): Challenges in Developing, Teaching, and Researching Quality of Life and Well-Being in the University and the Community.

Graciela Tonon, Universidad Nacional de Lomas de Zamora, Argentina

3:00 – 4:00 pm (15:00 – 16:00): The Platform for Public Happiness: An Action-Research and Community Approach to Well-being at Lisbon University.

Helena Águeda Marujo and Luis Miguel Neto, Lisbon University, Portugal

4:00 – 5:00 pm (16:00 – 17:00): Roundtable discussion of the day’s presentations

5:30-7:30 pm (17:30 – 19:30): Cultural program offered by Borba Municipality

8:00 pm (20:00): Dinner at a local restaurant

**SUNDAY JUNE 5:**

8:00 – 8:50 am: Breakfast

9:00 – 10:00 am: Human ecology and academic development: Structuring personal and institutional relations at the University of Saint Joseph, Macao.

Peter Stilwell, University of St. Joseph, Macao, China.

10:00 – 11:00 am: Discussion and planning session: Where do we go from here?

11:00 – 12:00 am: Free time and packing

12:00 pm: Lunch

1:30 pm (13:10): Depart for Lisbon.

**MONDAY JUNE 6** (Optional event for those who can stay)

6:00 – 8:00 pm (18:00 – 20:00):

Well-Being University and Quality of Life around the World: Relevance, Current Projects and Future Proposals.

Roundtable discussion at Lisbon University with students of the Executive Masters’ Program in Applied Positive Psychology (Open to the general public interested in the topic).

Venue: Instituto de Ciências Sociais e Politicas da Universidade de Lisboa (School of Social and Political Sciences), Rua Almerindo Lessa, Polo Universitário do Alto da Ajuda, Montanto, Lisbon.

Link: http://www.iscsp.ulisboa.pt/index.php?option=com\_content&view=article&id=54&Itemid=157

8:30 pm (20:30): Dinner at a nearby restaurant.